

West Haven Board of Health Meeting
February 8, 2022
6:30 pm – Via: Zoom

Present: Heather Shea, Chairwoman, Dr. Amir Mohammad, Maureen Lillis, Director. Cebi Waterfield, Vice Chairwoman; Absent: Kathy Tucker

The meeting began at 6:30pm with the Pledge of Allegiance.

Minutes from the November and January meeting were approved. This was motioned by Commissioner Waterfield and seconded by Commissioner Dr. Mohommad

Director Lillis reported that she did West Haven caseload because the state is currently not sending them There was also discussion of the difficulty with obtaining accurate case rate due to use of home tests.

A discussion ensued regarding the recent announcement by Governor Lamont that the state mask mandate will expire and be an individual decision of schools.

Director Lillis reported that the Health Department is doing Blood Pressure Screenings during the month of February which is heart month.

Discussion ensued regarding heart health. This additionally led to an overall discussion of the goal of the Health Department to work towards a healthier West Haven. This included discussion of Director Lillis' ultimate goal of opening a vaccination clinic for all required vaccines within the city of West Haven.

Chairperson Shea introduced the next topic on the agenda which is exploring the goals of the next year for the Board of Health. We agreed to continue with a schedule throughout the next year of meeting every second Tuesday monthly. The Board of Health will begin meeting in person in March in the third floor conference room. The Board as a whole agreed to add Health Department staff reports to the agenda.

Chairperson Shea introduced and presented what the Sustainability Committee is working on as it related to the Health Department.

We additionally had a general discussion regarding the different areas that the Board of Health can help to focus on to make a Healthier West Haven such as opioid addiction,

The next meeting will be Tuesday, March 8th. The meeting adjourned at 7:39pm.

Respectfully submitted,

Heather Shea, BSN RN
Chairperson Board of Health