



City of West Haven

# SENIOR HIGHLIGHTS

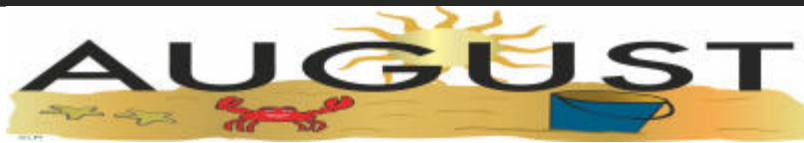


Dept. of Elderly Services  
203-937-3507

Allingtown Senior Center  
203-937-3509

Adult Day Center  
203-937-3658

West Haven Senior Center  
203-937-3507



## END OF SUMMER BASH!!

**Friday, September 13, 2019—1:00p.m. to 2:30p.m.  
West Haven/Allingtown Senior Center, 201 Noble St.**

**Entertainment by the always enjoyable:**

**BOB GIANNOTTI**

**Watch for flyer with more details!!**

**Please RSVP to 203-937-3507 by Monday, September 9th. Space is limited!**

### Allingtown & West Haven Senior Association's

### 51st Anniversary Party

**Wednesday, October 2, 2019 - 12:00 to 4:00**

**Ceilo's Ballroom, 85 Chase Lane**

**Menu: Prime Rib, Chicken Parm or Stuffed Shrimp**

**Cost: \$25.00 Members, \$27.00 Guests**

**Catering: Cusano by Maria**

**Entertainment has not yet been decided.**

**Watch for Flyer with more details!!**

**Tickets will be available by the middle of August!**

**“Big Screen on the Green”**

**Sponsored by: West Haven United—A Citizens Action Coalition  
Summer Movie Schedule on the West Haven Green. Movies begin at **Sunset**.  
Vendors, Food Trucks and other activities begin at 6:00.**

**Aug. 2: Dirty Dancing, Aug. 9: The Goonies, Aug. 16: Cars,  
Aug. 23: Bye Bye Birdie, Aug. 30: Grease**

\*\*\*\*\*

**Farmer’s Market Vouchers**

**Vouchers are still available at the Senior Center.**

**YOU MUST SHOW PROOF OF INCOME!**

**All recipients must be 60 years of age or older and meet the following  
Income Guidelines:**

**Single: \$23,107.00/year or \$1,926.00/month**

**Couple: \$31,284.00/year or \$2,607.00/month**

\*\*\*\*\*

**Greek Olive Luncheon**

**Wednesday, September 18, 2019—11:00**

**If you are interested in going please sign up in the office and pay your \$3.00.  
Also, you must fill out a form 5 as provided by Lifebridge. Sign up early since we  
can only take 20 individuals.**

\*\*\*\*\*

**AARP MATURE DRIVING COURSE**

**Sponsored by the Allingtown/West Haven Senior Center**

**Wednesday, August 28th 12:00-4:00**

**AARP Members = \$15.00      NON-AARP Members = \$20.00**

**To register please call the Senior Center at 203-937-3507.**

**Class will be held in the former Adult Day Care Dining Room on the Main floor.**

\*\*\*\*\*

**Exercise For Better Balance**

**Sponsored by: VNA Community HealthCare**

**Mondays—Noon to 1:00p.m.**

**Beginning: Monday, September 16th through December 16, 2019**

**Combination of Tai Chi, Strength training, flexibility and balance training.**

**Please note the change in registration procedure as requested by the VNA.**

**Please contact the VNA to Register: 1-866-474-5230**

**Cost = \$15.00 payable to VNA Community Healthcare.**

**Please note: class size is limited.**



## TRIPS & SPECIAL EVENTS!



**Important Notice: PLEASE PAY FOR YOUR TRIP WHEN SIGNING UP.** Payment must be made to: **West Haven Trip Account. Checks only please!**

Trips will depart from the Savin Rock Conference Center. You should either have a West Haven Beach Sticker or get a Parking Permit to display in your front window from the Trip Leader. All others may be ticketed!!

- **Monday, August 19, 2019: Holiday Hill Annual Statewide Senior Picnic.** Numerous activities to participate in such as Swimming, Bocce, Horseshoes, Bingo, and more. Raffle prizes. Unlimited Buffet for Breakfast and Lunch. Cost = \$45.00 which includes transportation. Bus leaves at 8:15a.m.
- **Wednesday, August 28, 2019: Lunch excursion aboard Lady Katherine Cruises' on the Connecticut River.** Cost = \$75.00 **Waiting List!**
- **Tuesday, September 17, 2019: Aqua Turf: "Come Fly with Me!" Rob Zappulla Celebrates the Music of "Frank Sinatra"** . Cost = \$67.00 **Waiting List!**
- **Wednesday, September 25, 2019: The Big E: New England's Great State Fair.** You can now reserve a motorized scooter in advance. (Call for details) Cost = \$45.00 for admission and transportation. Bus leaves Savin Rock Conference Center at 8:15a.m.
  - **Tuesday, October 22, 2019: Oktoberfest at The Log Cabin in Holyoke, Ma.**  Enjoy the colors of Fall on the ride. Renowned pianist Jeff Barnhart will lead the quartet "the Schnitzel Brothers" in German music and polka parodies. Extensive Family style menu plus a complimentary glass of wine or beer. Cost = \$72.00. Bus leaves at 9:30a.m. (more details available at the Center)
  - **Wednesday, November 6, 2019: MGM Springfield Casino.** Cost = \$30.00  (details available at the Center)
  - **Monday, December 9, 2019: The Edwards Twins: Westchester Broadway Theatre.** Plans are in the works!! 



WEST HAVEN'S CHOICE FOR  
SHORT-TERM REHABILITATION  
LONG TERM CARE

- Beautiful Renovated Private Rooms
- Rooms include Flat Screen TV/Phone
- Many Rooms include Private Baths
- Expansive Rehabilitation Gyms
- 35 Private Suites
- Electric Beds
- Fine Dining
- Free Wifi



**Ongoing Activities Available In August**

**Mondays:** **Bingo: 12:30 –2:15**, **Line Dance Class** 10:45-11:45 (City Hall), **Brother Joe** (Interdenominational prayer/discussion group) 10:30a.m.,

**Tuesdays:** **Yoga: 9:00-10:00**.(New 12 week **Session began June 25th**. Cost = \$50.00) **Chair Exercise: 10:30-11:10**, **Bingo or Special Program 12:30-1:30** Check at Center. **Pokeno 1:00-3:00**

**Wednesdays:** **Movie and Popcorn 10:15a.m.** See Flyer posted at the Center for additional &/or different activities. **Lifestyle Change Program: 10:30-11:30** in ADC Craft Room.

**Thursdays:** **Chair Exercise: 10:30-11:10**, **Bingo 1:00-3:00**, **Water Color Instruction: 1:00-3:00**

**Fridays:** **Craft Class: 10:15-11:15**

**Other Happenings**

**Thursday, August 22:** **Blood Pressure/Blood Sugar Screening by the Health Dept. 10:30a.m.**

**Allingtown /West Haven Senior Association:** **Meetings will resume in September:**

**Board Meeting: Monday, September 9th at 10:15a.m.**

**Full Meeting of Members: Friday, September 20th at 1:00p.m.**

**West Haven Library Bookmobile: Mon.– August 12th & 26th 11:00a.m.**

**Center Closed Monday, Sept. 2nd for the Labor Day Holiday!**

**PORTO FUNERAL HOMES**

830 Jones Hill Road, West Haven

203-934-5000

Offering assistance with *PRE-planning and PRE-financing*  
**BURIALS ~ CREMATION**

Directors: Anne Marie Porto DeLucia • Clement L. DeLucia • Albert M. DeLucia

234 Foxon Road (Rt. 80), East Haven

203-467-3000



Home Healthcare Services & Community Care Resources  
**Get Help Now > 1.866.862.0888 (toll free)**



**WE'RE HIRING  
AD SALES EXECUTIVES**



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT

**careers@4LPi.com • www.4LPi.com/careers**

*Call today to connect with a* **SENIOR LIVING ADVISOR**

INDEPENDENT LIVING • ASSISTED LIVING • MEMORY CARE



A Place for Mom has helped over a million families find **senior living solutions** that meet their **unique needs**.



◀ **Joan Lunden**, journalist, best-selling author, former host of *Good Morning America* and senior living advocate.

*There's no cost to you!*

**(888) 672-0689**

We're paid by our partner communities

➤ Reach the Senior Market

**ADVERTISE HERE**

CONTACT

**Mark Carofano to place an ad today!**  
**mcarofano@lpiseniors.com or (800) 477-4574 x6347**

